

**MEMORANDUM  
PLACER COUNTY HEALTH AND HUMAN SERVICES  
Adult System of Care**

**TO:** Honorable Board of Supervisors

**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Maureen F. Bauman, Director of Adult System of Care

**DATE:** June 18, 2013

**SUBJECT:** Mental Health Contracts for FY 2013-15 and FY 2012-13 Amendments

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**ACTION REQUESTED:**

1. Approve the following actions relating to a comprehensive array of mandated intensive mental health services for Placer County residents in the total amount of \$10,815,574 and authorize the Director of Health and Human Services to approve amendments shown as items f and g below, and subsequent amendments up to 10 percent of the total contract or \$49,999, whichever is less, consistent with the current agreements' subject matter and scope of work. The total net County cost for FY 2013-14 is \$2,183,923:
  - a. One-year contract for FY 2013-14 with Telecare Corp. not to exceed \$4,103,235 for daily operations of the County's Psychiatric Health Facility (PHF),
  - b. One-year contract for FY 2013-14 with Anka Behavioral Health, Inc. not to exceed \$1,074,424 for residential crisis stabilization services,
  - c. Two-year contract for FY 2013-15 with Country Villa Merced Behavioral Health Center not to exceed \$352,000 for long-term residential psychiatric care,
  - d. Two-year contract for FY 2013-15 with Willow Glen Care Center, Inc. not to exceed \$1,210,800 for adults transitioning to a lower level of residential treatment,
  - e. One-year contract for FY 2013-14 with Turning Point Community Programs not to exceed \$2,035,380 for specialized intensive outpatient services,
  - f. Amendment #2 with El Dorado County contract CN005137 for inpatient psychiatric services to increase by \$67,000 for a not to exceed amount of \$100,000 per year, and
  - g. Amendment #4 with Turning Point contract CN013189-D for FY 2012-13 to increase by \$25,000 for specialized intensive outpatient/full service partnership services for a not to exceed amount of \$1,939,735.

**BACKGROUND:**

Placer County Adult System of Care (ASOC) provides unique and mandated mental health services to approximately 5,000 adults each year. The services provided through these contracts are for those persons who have the most acute and chronic mental health conditions needing either hospital, residential or intensive services in the community. Essential lifesaving care for adults with severe mental disorders who are unable to provide for their own basic needs and are at risk to themselves or others requiring 24-hour supervised care receive the most intensive services in the Telecare or El Dorado County Psychiatric Health Facility (PHF), Anka crisis residential services, or Willow Glen or Country Villa Merced long-term locked or secure psychiatric facilities. Turning Point provides intensive community based case management and psychiatric care to help wrap services around individuals, keeping them in the lowest level of care possible for their individual needs. All of these providers have been used by Placer County (see Attachment A) and have excellent reputations as mental health providers.

While admissions to our PHF in this last year have remained unchanged from last year at approximately 735 people, we have seen higher acuity clients with longer lengths of stay (average stay last year was 6 days, currently it is 7.5 days) resulting in high census and additional usage of contracted PHF facilities. By utilizing the array of levels of care provided by these contracts we strive to serve clients in the least restrictive manner. Serving individuals in the least restrictive environment is not only a patient's right, but is

supported through the Recovery Model and allows services to be provided in the most cost-effective manner. An example of moving patient's to a less restrictive program can be seen at the Anka program in which the average daily census of this crisis residential facility increased from 5 to 14 clients over the last few months. This resulted from a partnership between ASOC and Anka to support more individuals for longer periods of time, resulting in less PHF stays for those individuals.

Our locked and other residential facilities served 41 individuals last year. Clients with persistent mental disorders received services directed at improving their living skills to assist them in meeting their rehabilitation goals and re-integrating them back into their community. Skills training was provided in social skills, independent living, money management, self-control, symptom management, etc. As a result, four individuals were able to transition to a higher level of independence by moving back to the community.

Community-based Full Service Partnership (FSP) services such as those provided by Turning Point Community Programs focus on the individual/family, use a strength-based approach, intensive forensic interventions within the Recovery Model philosophy, outreach services, and include multi-agency coordination and joint planning. A multidisciplinary team, including social workers, nurses, rehabilitation experts and psychiatrists provide medication services, housing and employment assistance. The FSP reduces the need for hospitalization or contact with the criminal justice system and reduces homelessness. As of June 30, 2012, Turning Point had enrolled 111 unduplicated clients in FSPs for the year. Overall, 71 percent of all individuals utilizing these services had no need for hospitalization, 84 percent had no jail days, and 95 percent avoided homelessness.

This service delivery model continues to provide the most cost-effective and results-based option for Placer County with community-integration strategies that have kept service utilization at a reduced level.

These contracts were reviewed and approved by the Mental Health Alcohol and Drug Board at their May 20, 2013 meeting.

**FISCAL IMPACT:**

Funding for the first year of these combined contracts includes \$6,501,093 (65%) in Federal and State funds, \$1,349,157 (13%) in other funds, and \$2,183,923 in required County General Funds. The expenditure of \$8,686,674 is included in the Department's FY 2013-14 Proposed Budget. In addition, expenditures of \$1,347,500 for Anka and Telecare will be included in the Department's FY 2013-14 request for Final Budget Adjustments. The remainder will be included in the Department's FY 2014-15 Requested Budget.

These contracts are on file with the Clerk of the Board for review.

Attachments

Attachment A – Mental Health Contracted Provider Summary

**Adult System of Care  
Mental Health Contracted Provider Summary  
BOS Meeting June 18, 2013**

**Telecare Corporation: Psychiatric Health Facility (PHF) FY 2013-14 Contract**

This is the 12<sup>th</sup> year of contracted services with the Telecare Corporation, an Oakland based corporation, for the daily operations of the County's Psychiatric Health Facility (PHF). Telecare has partnered with Placer County in a unique arrangement that utilizes a combination of County and provider staff working together to provide this critical component of our system. A joint quality assurance and review process is in place to review the program quality and outcomes. The Placer County PHF operates at full capacity (16 beds). Telecare was awarded its contract in January of 2010 as a result of RFP 9903 (May 21, 2009). This contract is a renewal of that award and includes a 4% cost increase. During the past year, the acuity of the individuals receiving inpatient psychiatric care has increased, resulting in longer stays (from 6 to 7.5 days per person) and is projected to provide inpatient psychiatric services to 735 individuals for an approximate total of 4,100 bed days.

**El Dorado County Psychiatric Health Facility (PHF): Contract Amendment #2**

We have had this contract with El Dorado County's inpatient Psychiatric Health Facility (PHF) since 2005. This amendment increases the annual total by \$67,000/year due to the increased acuity, length of stays and service needs of those requiring this highest level of care.

**Anka Behavioral Health, Inc.: Adult Crisis Residential FY 2013-14 Contract**

This will be the 4<sup>th</sup> year of contracted services with Anka Behavioral Health, Inc., a Concord-based non-profit corporation that has been in the behavioral health field for more than 40 years. Anka has partnered with public and private sector behavioral health organizations to provide recovery-based services to the behavioral health services community. Crisis stabilization services are cost-effective, accessible and outcome driven. Anka was awarded its first Placer County contract to provide crisis residential services effective April 1, 2010 as a result of RFP 9903 (May 21, 2009). Anka provided services to 293 Placer County residents last year that have been successfully transitioned from locked psychiatric hospitals to a less restrictive more cost-effective and sustainable living environment. Recently, this facility has been used to aid with the increases seen at our PHF by working on strategies to allow more people longer stays in its facility, resulting in less time in the PHF. Placing individuals in the least restrictive environment is both a best practice and highly cost effective.

**Country Villa Merced Behavioral Health Center: Institute for Mental Disease (IMD) FY 2013-15 Contract**

This is the 8<sup>th</sup> year of contracted services with Merced Behavioral Health Center for residential care in a secured Institute for Mental Disease Facility. The 96-bed, locked inpatient facility provides long-term psychiatric care for persons ages 18 and over with chronic and persistent mental illness who are unable to live independently and require 24-hour care in a locked facility. The Merced program considers the patient's prior level of functioning and expected rehabilitation goals as well as a multi-disciplinary approach to treatment planning, structured living environment, and structured group activities. Patients also receive individual behavior modification plans, group and individual therapy. This facility offers an alternative to acute inpatient care services (State hospitals, Placer County Psychiatric Health Facility, and Behavioral Healthcare Corp. hospitals). The contract amount remains unchanged since 2009.

**Willow Glen: Board and Care FY 2013-15 Contract**

This is the 13<sup>th</sup> year of contracted services with Willow Glen Care Center. This contract includes services for adult and older adult mental health residents requiring long-term residential care in a 24-hour secure perimeter facility, as well as step-down residential treatment in a transitional housing setting for adult patients transitioning to a lower level of service. The primary utilization is for individuals who have a serious mental health condition in need of further stabilization following a stay in an acute locked facility. This level of care provides an alternative to the locked facilities such as Crestwood as this facility is not locked. The contract amount remains unchanged since 2009.

**Turning Point: Intensive Outclient FY 2013-14 Contract and Amendment #4 to FY 12-13**

This is the 5<sup>th</sup> year of contracted services with Turning Point. This contract provides specialized intensive outpatient/full service partnership services to transition age youth, adults ages 18-59 and older adults ages 60 and up. A multidisciplinary team, including social workers, nurses, rehabilitation experts and psychiatrists provide medication services, housing and employment assistance. Services focus on the individual/family, use a strengths-based approach, intensive forensic interventions within the recovery model philosophy, outreach services, and include multi-agency coordination and joint planning. The full service partnership reduces the need for hospitalization or contact with the criminal justice system and reduces homelessness. As of June 30, 2012, Turning Point enrolled 111 unduplicated clients referred by the ASOC in Full Service Partnerships for the year. Overall, 71 percent of all individuals utilizing these services had no need for hospitalization, 84 percent had no jail days, and 95 percent avoided homelessness.